

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Cindy Nell

Has successfully participated & completed the

5km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

**TIME** 00:41:45

**PACE** 08:21/km

OVERALL 30 of 114

**GENDER** 12 of 72

**40 - 49** 4 of 16

27 January 2019, Sun

Date



Bout Time
Signature